













Jonah 2:3-4

"You hurled me into the depths, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me. I said, 'I have been banished from your sight; yet I will look again toward your holy temple.'"

Jonah's Prayer

4. Speak to God about His help.

JONAH

Jonah 2:5-6

"The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head. To the roots of the mountains I sank down; the earth beneath barred me in forever. But you, LORD my God, brought my life up from the pit."

Jonah 2:7-8

"When my life was ebbing away, I remembered you, LORD, and my prayer rose to you, to your holy temple. Those who cling to worthless idols turn away from God's love for them."

Jonah 2:9

"But I, with shouts of grateful praise, will sacrifice to you. What I have vowed I will make good. I will say, 'Salvation comes from the LORD.'"

Jonah's Prayer

5. Turn back to God in heartfelt obedience.

JONAH

Jonah 2:10

“And the LORD commanded the fish, and it vomited Jonah onto dry land.”

Jonah 3:3

“Jonah obeyed the word of the LORD and went to Nineveh.”

Application –

- Salvation is totally dependent on the work of Christ on the cross.



JONAH


